

- Bulky dressing to restrict wrist range of motion during first 2 postoperative days for patient comfort and then removed
- Patient may move fingers, wrist and arm
- Splint in neutral wrist position used at night for 2-3 weeks for patient comfort or until the patient has regained comfortable full range of motion of the wrist
- Sutures removed 12-14 days postoperatively.
- At 1 month, patients are allowed to return to work with a 2-pound weight restriction.
- At 6-8 weeks, full activity is allowed without restrictions.